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**SYLVIA BROWNE  
HYPNOSIS TRAINING CENTER**



**2010 Hypnosis Training CATALOG**

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**ABOUT THE SYLVIA BROWNE HYPNOSIS TRAINING CENTER**

World Renowned Psychic, Spiritual Teacher and pioneer in the art of Hypnosis, Sylvia Browne has been using hypnosis as spiritual tool to help people heal for over 45 years.

Now Sylvia Browne's Master Hypnotists will train YOU to use her time proven hypnosis techniques.

Hypnosis is a powerful tool that has been used by healers, priests and shamans since antiquity, to aid in physical, emotional and spiritual healing. By bridging the gap between body, mind and spirit, hypnotists assist the subject in making positive life changes. Now YOU can learn to use this incredible spiritual tool!

The Sylvia Browne Hypnosis Training Center (SBHTC) will teach you to hypnotize yourself and others using the methods as taught to her Master Hypnotists by Sylvia Browne. Students will be instructed using multi-dimensional skills utilizing advanced spiritual as well as scientific methods.

By combining theory and practical experience, students can develop and nurture their innate ability to harness and access this powerful and ancient healing tool. This powerful tool can be used to help yourself and others heal through; past-life regressions, cell memory healing, behavioral modification, and guided meditation. Training will be an intensive program combining traditional classroom instruction, multimedia resources and real life application.

SBHTC, is an American Council of Hypnosis Examiners approved Hypnosis Training Center.

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**MISSION STATEMENT**

The mission of the Sylvia Browne Hypnosis Training Center (SBHTC) is to train students to become professional spiritually based hypnotists, utilizing the teachings of our founder, Sylvia Browne.

SBHTC provides quality hypnosis services to the general public and promotes the art and science of hypnosis.

SBHTC supports the hypnosis client and student in their quest for knowledge, personal growth and healing.

SBHTC provides emotional and spiritual health by providing hypnosis services and training in a loving environment.

## **SYLVIA BROWNE HYPNOSIS TRAINING CENTER CLASSES**

The **Sylvia Browne Hypnosis Training Center (SBHTC)** will teach you to hypnotize yourself and others using the methods as taught to her ministers by Sylvia Browne.

By combining theory and practical experience, students can develop and nurture their innate ability to harness and access this powerful and ancient healing tool. This powerful tool can be used to help yourself and others heal through; past-life regressions, cell memory healing, behavioral modification, and guided meditation. Training will be an intensive program combining traditional classroom instruction, multimedia resources and real life application.

All SBHTC classes are conducted at our headquarters in Campbell California.

### **CLASS DESCRIPTIONS**

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#### **Introduction to Hypnosis Training**

This class can act as a stand alone class for those simply interested in the basics of hypnosis and an introduction to the curriculum taught in the Hypnosis Training Certification class. This class includes but is not limited to; past-life regression, age regression, and behavioral modification. All students who successfully complete this class will receive a certificate of completion.

**Class Schedule:** TBA

2 day class – 10 hours

**Registration Fee:** \$350

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#### **Hypnosis for Past Life Exploration**

Remembering past lives can release fears and phobias, bring back past talents, identify life's patterns and aid your clients in their spiritual advancement. You will be taught to use hypnosis to assist your client in awaken their souls to a greater understanding and awareness of their life's journey and dispel any fears they may have regarding hypnosis. This class takes you through group past-life meditations as well as individual (one on one) regressions. All students who successfully complete this class will receive a certificate of completion.

Loose, comfortable clothing and pillows are optional but recommended.

Please note that this class focuses on techniques and training practices for hypnotists and is not meant to substitute a one on one past-life regression hypnosis session.

**Class Schedule:** TBA

1 day class – 6 hours

**Registration Fee:** \$150

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#### **Hypnosis for Cell Memory Healing**

This class will teach the hypnotist to aid their client through cell memory healing techniques as taught by Sylvia Browne. The student will learn to help their client access and utilize their own healing energies as well as hands on healing, feeling energy. The hypnotist will gain an understanding of the healing process and learn to help their clients heal themselves through prayer, meditation and other healing techniques brought to us by Sylvia Browne.

Healing through time has been allocated more and more to the specialists. Each of us has our own healing energies. We need to understand that the healing process is more than just medicine.

## Sylvia Browne Hypnosis Training Center Catalog 2010

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We have the ability to aid in our own healing and the healing of others. Hands on healing, feeling energy and the voids caused by illness or traumas are techniques explained. Healing through prayers and other techniques brought to us by Sylvia. You will gain an understanding of the healing process and increase your ability to help heal yourself and others.

**Class Schedule:** TBA

1 day class - 6 hours

**Registration Fee:** \$125.00

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### **Hypnosis for a Gentle Childbirth**

Hypnosis can control stress, increase confidence, and transforms fear and frustration into a positive calm sense of well-being. Hypnotists will learn to help their clients control the mind incorporating Sylvia Browne's hypnosis techniques for a stress free pregnancy and gentle child delivery. This class works along with you're your client's childbirth education classes.

**Class Schedule:** TBA

2 day class - 10 hours

**Registration Fee:** \$450

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### **Introduction to Hypnosis and Psychic Development for Children**

Come discover the joy of spirituality and consciousness with Sylvia Browne's tried and treasured techniques. We will share metaphysical principles through hypnosis, games and activities to awaken the warrior within.

- Healing/Cell Memory
- Intuitive art/music
- Understanding Astral Travel
- Chakras
- Human Energy Field (Aura)
- Introduction to Psychometry
- And much, much more

**Class Schedule:** TBA

3 day class

**Registration:** \$300

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### **Hypnosis Certification Training Class**

Hypnosis Certification Training includes a minimum of 150 hours including classroom training, and practical application. Training begins with intensive classroom instruction, which will take place at our headquarters in Campbell California. Experienced Sylvia Browne Hypnosis Training Center Master Hypnotists, who have been approved by Sylvia Browne to train you, will conduct all training.

Before completion of the classroom training at our headquarters, students will be required to take a written exam and an oral exam.

Following the initial classroom training, students must complete practice hypnosis sessions using a variety of techniques and methodologies. Practice hours will be completed at the student's own pace, in their community or location of their choosing.

Students must successfully complete the oral and written exams before conducting practice hypnosis sessions and additional requirements to be applied toward certification as a hypnotist.

Upon completion of all requirements, students must provide evidence of all practice hypnosis sessions to be considered for certification by Sylvia Browne Hypnosis Training Center.

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### Hypnosis Certification Training Course will include, but is not limited to...

History of Hypnosis	Developing effective scripts for specific issues
Myths and Misconceptions about Hypnosis	Past Life Regressions
Spirituality and Hypnosis	Hypnosis for Psychic Development
Mind Theory	Cell Memory
Levels of Consciousness	Morphic Resonance
Basics of Hypnosis	Using Hypnosis to aid in physical healing
Self Hypnosis	Pain Reduction
Hypnosis Induction	Treating Fears and Phobias
How to Formulate an Effective Hypnosis Session	Behavioral Modification
Creating your own hypnosis induction script	Post Hypnotic Suggestions
	Age Regression
	Ethics

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Following the Certification Training Class all students who successfully complete the Hypnosis Certification Training Class will receive a certificate of completion to acknowledge completion of the course. Students can apply for certification as a hypnotist through SBHTC.

Completion of the class and receipt of certificate of class completion is not meant to imply employment, or endorsement as a hypnotist by SBHTC. Certification and/or completion of class does not guarantee client referrals from SBHTC or Society of Novus Spiritus.

Students may continue training through the Sylvia Browne Hypnosis Training Center, by taking specialty classes, which may apply toward extending their certification.

### Class Schedule

- **Sunday January 17 – Saturday January 23, 2010**
- **Sunday April 11 – Saturday April 17, 2010**
- **Sunday July 11 – Saturday July 17, 2010**
- **Sunday October 17 – Saturday October 23, 2010**

**Sunday** 2pm-6pm

**Monday – Saturday** 9am-6pm

Class Credit Hours – 100 hours (includes classroom time, homework, practice and study time)

Tuition Fee: \$2000

**\$2000 Tuition Fee includes non-refundable \$300 registration fee**

### SBHTC General Information

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#### Attendance, Dropout and Leave of Absence Policies

To successfully complete a class, students must attend a minimum of 80% of classes. Students who are unable to attend class due to illness or emergency may speak to the director for a leave of absence.

Students may apply for a leave of absence, but must receive approval from the director prior to taking a leave.

#### Background Checks

All hypnotists, applicants and students agree to be subject to a criminal background check by SBHTC and its agents. Falsifying information on the class or hypnotist application is grounds for immediate revocation of any and all privileges and rights as a student or hypnotist.

### **Certification as a Hypnotist**

Following the Certification Training Class all students who successfully complete the Hypnosis Certification Training Class will receive a certificate of completion to acknowledge completion of the course. Students can apply for certification as a hypnotist through SBHTC.

Completion of the class and receipt of certificate of class completion is not meant to imply employment, or endorsement as a hypnotist by SBHTC. Certification and/or completion of class does not guarantee client referrals from SBHTC or Society of Novus Spiritus.

Certification as a hypnotist will require a minimum of 150 practical and classroom hours. The Hypnosis Certification Training Class comprises 100 hours of the 150 hours, the remaining 50 hours required are practical hypnosis hours conducted by the applicant. Applicants will be given the required format to document their hours by the instructors during the course of training. The required hours may be adjusted to the individual academic and practical needs of the applicant as determined by the instructors and the director of the Sylvia Browne Hypnosis Training Center.

Certification can be revoked by SBHTC at any time. A hypnotist whose certification is revoked can petition to be reinstated 1 calendar year from the date of revocation.

### **Certification Renewal**

Certification must be renewed every two years through SBHTC.

Re-certification requires a processing fee of \$150 and a minimum of 15 hours of continuing education hours. Practical application cannot be applied to continuing education hours.

For certification SBHTC instructors and directors must be confident that the student/applicant will conduct themselves in a manner reflecting and embodying the professional, spiritual, moral and intellectual values held by SBHTC.

### **Hypnotist Employment Status**

All hypnotists are self-employed and are not employed by Sylvia Browne Hypnosis Training Center, Sylvia Browne Corp., Society of Novus Spiritus, or Sylvia Browne Enterprises.

### **Malpractice Insurance**

All hypnotists must purchase and maintain individual malpractice insurance. It is the individual hypnotist's responsibility to research and acquire malpractice that best suits their needs. SBHTC claims no responsibility for the actions or practices of any and all insurance agency or broker that may be referred to by SBHTC instructors, director or its agents during class or business hours.

### **Legal Issues and Hypnotists**

Hypnotists must keep themselves informed and enact upon the most up to date legal standards applicable to hypnotists in their State/Province, City, County and country. While SBHTC will endeavor to update the certified hypnotists regarding legal issues, however it is the **sole** responsibility of the student / hypnotists to keep themselves properly informed and SBHTC takes no responsibility for any legal issues or updates not communicated to the students or hypnotists.

### **Instructors**

Please be aware that Sylvia Browne will not be teaching or attending the Hypnosis Training classes. The curriculum is based upon Sylvia's materials and Sylvia Browne has approved instruction and all instructors. Guest speakers may be utilized during the course of instruction. A brief biography of the instructors can be found in this catalog.

### **Who May Enroll**

SBHTC courses are open to the general public. Unless otherwise indicated, any interested adult may enroll. Any course prerequisites are listed in the course descriptions. All potential students must possess the minimum of a High School Diploma, or it's equivalent (GED) to be considered for enrollment.

### When to Enroll

Students may enroll for a class as soon as the class dates are announced through print media or posted on its website. Applications will be received up to one day prior to commencement of the desired class. Class space is limited and class space may not be available.

### How to Enroll

Student applications may be acquired by writing to SBHTC, calling the SBHTC office or downloading the forms from the SBHTC website.

Forms and payment cannot be made over the internet. All forms must be signed and completed in full by the applicant. SBHTC must receive original copies of all application forms including required signatures and payment in full for an application to be considered complete.

### Waitlist

If the desired class is full, the applicant may request that they be placed on a wait list. If space becomes available through cancellations, those applicants on the wait list will be given preference in the registration process in the order applications were received. Any applicants on the wait list unable to enroll for the desired class will be given preference in registering for the next available class.

### Cancellation of Courses

We cancel courses only when absolutely necessary, but we must reserve the right to do so, as well as to reschedule courses and change instructors. The Sylvia Browne Hypnosis Training Center is self-supporting from course fees and receives no state or federal funding. If your course is canceled, you may either apply the fees to an upcoming course, or receive a full refund within thirty (30) days.

### Paying Your Enrollment/Tuition Fees

You are not officially enrolled until your tuition is paid in full. Partial payments cannot be accepted. The tuition listed on the website and in print includes a \$300 registration fee. All fees were accurate as of print publication time. For the most current information call (408) 376-2122, or visit [www.sylviabrownehypnosis.com](http://www.sylviabrownehypnosis.com)

Methods of payment include the following:

- **Check:** (with imprinted address and telephone number) made payable to Sylvia Browne Hypnosis Training Center. **A \$35 charge is assessed for returned checks.**
- **Credit Card:** Visa, MasterCard, American Express, Discover. If you pay by credit card and your charge is declined you will lose your class space.
- **Cash:** Cash is accepted at Sylvia Browne Hypnosis Training Center by SBHTC instructors or SBHTC Director only.
- **Money Order:** Money Orders are accepted at Sylvia Browne Hypnosis Training Center by SBHTC instructors or SBHTC Director only.

### Enrollment Confirmation

We will mail your enrollment confirmation within five business days of the receipt of your payment. Confirmation of enrollment will be sent to the email address you provide, along with further instructions as necessary.

***Not receiving your enrollment confirmation before the course begins is not justification for seeking a refund.***

### Refunds

If you enroll in a course and then cannot attend, you may request a refund. Any refund is subject to a nonrefundable registration fee of \$300.

***Not receiving your enrollment confirmation before the course begins is not justification for seeking a refund.***

If it is necessary for SBHTC to cancel a course, the full course fee (including registration fee) will be refunded. We do not reimburse travel or accommodation costs or any expense other than the full course fee in the event of course cancellation.

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The institutional refund policy for students who have completed 60 percent or less of the course of instruction shall be a pro rata refund. An institution shall: (1) deduct a registration fee not to exceed \$300 from the total tuition charge; (2) divide this figure by the number of hours in the program; (3) the quotient is the hourly charge for the program; (4) the amount owed by the student for the purposes of calculating a refund is derived by multiplying the total hours attended by the hourly charge for instruction calculated in [3], plus the amount of the registration fee specified in [1]; and (5) the refund shall be any amount in excess of the figure derived from [4] that was paid by the student to the institution.

### **To Request a Refund**

You can request a refund in person at SBHTC or by calling 408-376-2122. You may also write to SBHTC, 1700 Winchester Blvd. Suite 100, Campbell CA 95008. You may also send an email request to [vera@sylvia.org](mailto:vera@sylvia.org). Be sure to include your name, mailing address, the name of the course and the reason for requesting a refund and your phone number in case of questions. Failure to include all necessary information may delay processing.

### **Financial Assistance**

Private financial assistance may be available to you. Contact the lender directly for more information regarding terms. Financial assistance is not available directly through SBHTC. It is the responsibility of the student to research and secure financial assistance.

### **Classroom Recording Policy:**

Classes may be recorded in audio and/or video format by Sylvia Browne Hypnosis Training Center. These recordings may be made available as teaching and/or research materials and/or for commercial purposes.

Students may bring their own audio recording device and record a class only with the consent of all instructors and all students in attendance.

### **Discounts**

Promotional prices for classes will be listed in the course details where applicable. No discounts from external entities (Sylvia Browne Corp., Society of Novus Spiritus) will be applied to the tuition fees for Sylvia Browne Hypnosis Training Center classes.

### **Mailing List**

While SBHTC maintains a mailing list of students, and prospective students for the purpose of distributing information to students and alumni, and marketing. SBHTC does not share information with any entity outside the SBHTC structure. Students information including; (but not limited to) name, email, address will never be shared or sold. SBHTC records and databases are independent of all records maintained by Sylvia Browne Corp, Society of Novus Spiritus and Sylvia Browne Enterprises, and are not available without prior consent and authorization by both the student or alumnus and Sylvia Browne Hypnosis Training staff and directors.

### **Textbooks**

All textbooks required for completion of the individual course will be provided during the course of study. The cost of all required textbooks or recordings is included in the cost of tuition. All books and materials are not returnable or subject to exchange for other books or products. Exchanges and/or returns are only applicable for material damaged at the time of distribution. Replacement copies will be made available for a fee not to exceed the retail value of commercial products. During the class, the instructor(s) may suggest supplemental research and learning resources. These supplemental resources are not required for study or completion of the course. It is the sole responsibility of the student to locate and purchase any supplemental suggested reading material.

### **Sexual Harassment**

Sexual harassment is prohibited both by law and by SBHTC policy. Sexual harassment is a form of illegal sex discrimination. Unwelcome sexual advances, requests for sexual favors, and other verbal or physical contact of a sexual nature constitute sexual harassment when: 1) submission to

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such conduct is made either explicitly or implicitly a term or condition of an individual's educational status or employment; 2) such conduct has the purpose or effect of unreasonably interfering with an individual's educational or work performance or creating an intimidating, hostile, or offensive educational or working environment; 3) submission to or rejection of such conduct is used as the basis for employment or academic decisions affecting the individual.

Any student or instructor who believes that he or she has been sexually harassed should contact the Director of the Sylvia Browne Hypnosis Training Center at [vera@sylvia.org](mailto:vera@sylvia.org) or at (408) 376-2122 regarding complaint resolution or grievance procedures.

### Non-Discrimination Policy

The Sylvia Browne Hypnosis Training Center, in accordance with applicable federal and state law and University policy, prohibits discrimination, including harassment, on the basis of race, color, national origin, religion, sex, physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran. This nondiscrimination policy covers admission, access, and treatment in Sylvia Browne Hypnosis Training Center programs and activities.

**SBHTC Director** responds to questions about prohibited forms of discrimination, or will refer you to a more appropriate resource. The Director may be contacted at (408) 376-2122 or [vera@sylvia.org](mailto:vera@sylvia.org). Specific questions about sexual/racial harassment may be directed to Vera Espana.

### Student Conduct

When you enroll in a course, you join an academic community in which each person makes the commitment to behave with academic integrity and to accept the civil and civic responsibilities that ensure the freedom of expression of other community members.

### Dismissal Policy:

At the discretion of the Director, a student may be dismissed from school for an intoxicated or drugged appearing state of behavior, possession of illegal substances, alcohol, or weapons on school premises, behavior creating a safety hazard to other persons at school, disrespectful behavior to those at school, or not maintaining an acceptable academic or practical skill level as determined by the Director, or any other reason stated or determined inappropriate action or behavior by a student of the Sylvia Browne Hypnosis Training Center, by the Director.

### A Note About Privacy

Sylvia Browne Hypnosis Training Center is responsible for maintaining student records, and any questions about them should be addressed to the Director of Sylvia Browne Hypnosis Training Center in writing.

SBHTC privacy policy provides for the right of students to be informed about where student records are located, to review their own records, to request corrections, to grieve alleged violations of privacy, to consent to disclosures of personally identifiable information, and to file complaints with the U.S. Department of Education. The Director of Sylvia Browne Hypnosis Training Center has designated student names, terms of attendance, major fields of study, and certificates earned as directory information under the policy; please note that SBHTC's directory information is restricted.

SBHTC records and databases are independent of all records maintained by Sylvia Browne Corp, Society of Novus Spiritus and Sylvia Browne Enterprises, and are not available without prior consent and authorization by both the student or alumnus and Sylvia Browne Hypnosis Training staff and directors.

### Web Privacy Policy

[www.sylviabrownehypnosis.org](http://www.sylviabrownehypnosis.org) is the official website of Sylvia Browne Hypnosis Training Center.

Our postal address is:

1700 Winchester Blvd. Suite 100  
Campbell CA 95008

We can be reached via e-mail at [vera@sylvia.org](mailto:vera@sylvia.org) or you can reach us by telephone at 408-376-2122 or by email at Sylvia Browne Hypnosis Training Center website does not collect information about those viewing the website, nor does it distribute "cookies" on the viewers computer.

We do collect information volunteered by the customer, such as survey information and/or

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registration or inquiry information.

The information we collect may be used by us to contact customers for marketing purposes, but is not shared with other organizations for commercial purposes.

We only collect e-mails if users have subscribed online and opted-in to receive e-mails from us. If you do not want to receive e-mail from us in the future, please let us know by sending us e-mail at the above address.

With respect to cookies: We do NOT use cookies to record session information.

If you supply us with your postal address online you may receive periodic mailings from us with information on new courses and services or upcoming events. If you do not wish to receive such mailings, please let us know by writing to us at the above address, Attn.: Sylvia Browne Hypnosis Training Center Director; please provide us with your exact name and address, and if possible, the mailing label from the promotion you received.

Persons who supply us with their telephone numbers online will only receive telephone contact from us with information regarding their enrollment or information regarding education.

With respect to ad servers: We do not partner with or have special relationships with any ad server companies.

From time to time, we may use customer information for new, unanticipated uses not previously disclosed in our privacy notice. If our information practices change at some time in the future, we will post the policy changes to our website to notify you of these changes and provide you with the ability to opt-out of these new uses. If you are concerned about how your information is used, you should check back at our website periodically. Customers may prevent their information from being used for purposes other than those for which it was originally collected by writing us at the above address.

Upon request we provide site visitors with access to a description of information that we maintain about them. Customers can obtain this information by writing to us at the above address, by following the transcript request procedures, or visiting us in person and presenting a valid photo ID.

Upon request we offer visitors the ability to have inaccuracies corrected in contact information and transaction information. Students can have this information corrected by writing to us at the above address or visiting us in person and presenting a valid photo ID.

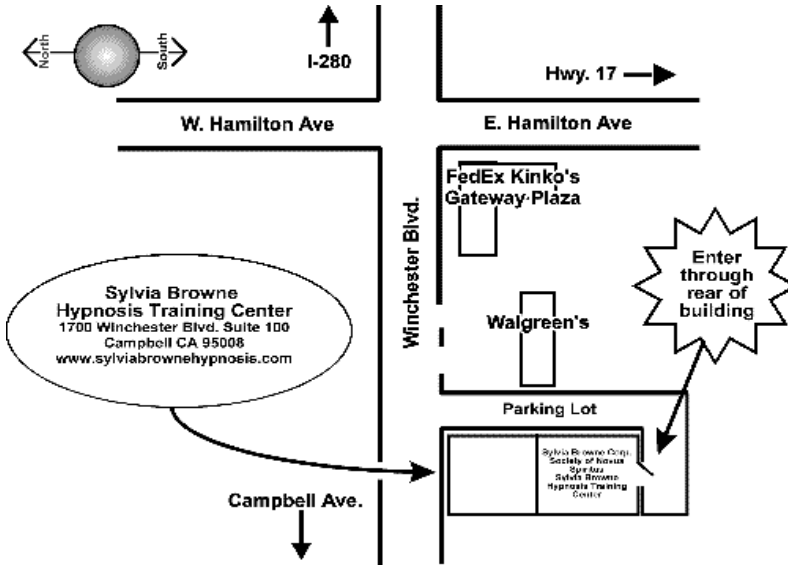
With respect to security: we do not request or accept sensitive information such as credit card, social security numbers through our website.

If you feel that this site is not following its stated information policy, you may contact us at the above addresses or phone number.

Map and Directions to Sylvia Browne Hypnosis Training Center

Detailed directions from San Jose Intl. Airport, San Francisco Int. Airport and Oakland Intl. Airport below map of Campbell area.

Detail Map to Sylvia Browne Hypnosis Training Center



Campbell Area Map



**Directions from San Jose Intl. Airport (SJC)**

1, Start out going NORTHEAST on AIRPORT PKWY toward TECHNOLOGY DR. 0.4 miles **2.** Turn RIGHT onto OLD BAYSHORE HWY. 0.4 miles **3.** Merge onto US-101 S toward LOS ANGELES. 0.4 miles **4.** Merge onto I-880 S toward LOS GATOS / SANTA CRUZ. 4.2 miles **5.** I-880 S becomes CA-17 S. 1.3 miles **6.** Take the HAMILTON AVE exit- EXIT 25. 0.1 miles **7.** Keep RIGHT at the fork to go on E HAMILTON AVE. 0.5 miles **8.** Turn LEFT onto S WINCHESTER BLVD. <0.1 miles **9.** : End at 1700 Winchester Blvd Campbell, CA 95008

**Directions from San Francisco Intl. Airport (SFO)**

**1.** Merge onto US-101 S. 23.6 miles **2.** Merge onto CA-85 S via EXIT 398B toward CUPERTINO / SANTA CRUZ. 5.4 miles **3.** Merge onto I-280 S toward SAN JOSE. 6.8 miles **4.** Merge onto CA-17 S toward SANTA CRUZ. 1.6 miles **5.** Take the HAMILTON AVE exit- EXIT 25. 0.1 miles **6.** Keep RIGHT at the fork to go on E HAMILTON AVE. 0.5 miles **7.** Turn LEFT onto S WINCHESTER BLVD. <0.1 miles **8.** End at 1700 Winchester Blvd Campbell, CA 95008

**Directions from East Bay (Oakland CA)**

**1:** Start out going SOUTHWEST on AIRPORT DR toward ALAN SHEPARD WAY. 0.2 miles **2.** Turn RIGHT onto ALAN SHEPARD WAY. <0.1 miles **3.** Turn RIGHT onto JOHN GLENN DR. 0.3 miles **4.** Turn LEFT onto AIRPORT DR. 0.9 miles **5.** Turn RIGHT onto DOOLITTLE DR / CA-61. 0.9 miles **6.** Turn LEFT onto DAVIS ST / CA-112 / CA-61. 0.4 miles **7.** Merge onto I-880 S toward SAN JOSE. 34.1 miles **8.** : I-880 S becomes CA-17 S. 1.3 miles **9.** Take the HAMILTON AVE exit- EXIT 25. 0.1 miles **10.** Keep RIGHT at the fork to go on E HAMILTON AVE. 0.5 miles **11.** Turn LEFT onto S WINCHESTER BLVD. **12.** End at 1700 Winchester Blvd Campbell, CA 95008 \

**Contact Us**

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**Email:**

*Sylvia Browne Hypnosis Training Center Director Vera Espana* [vera@sylvia.org](mailto:vera@sylvia.org)

**Phone:**

(408) 376-2122

Fax: (408) 379-8129

**Please Note:** Due to travel and classroom scheduling, the staff of S.B.H.T.C. holds irregular office hours and may not be available to answer telephone calls. Please leave a voice message, and your call will be returned as soon as possible.

**Location:**

**Sylvia Browne Hypnosis Training Center**

1700 Winchester Blvd. Suite 100

Campbell CA 95008

**Hotel Information**

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**Pruneyard Plaza Hotel**

**1995 South Bascom Avenue**

**Campbell, CA 95008**

**800-559-4344**

We recommend that our students stay at the **Pruneyard Plaza Hotel** in Campbell CA. The **Pruneyard Plaza Hotel** offers SBHTC students a discounted room rate as well as a shuttle to and from SBHTC. To take advantage of this special rate, mention that you are attending a class at Sylvia Browne Hypnosis Training Center upon registration. While we have heard many positive reports - we are not affiliated with, do not receive any promotional consideration, do not guarantee the quality or services of the **Pruneyard Plaza Hotel**. We offer this information only as a courtesy to our students.

## **Instructor Biographies**

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### **Sylvia C. Browne**

#### **Founder / Executive Director, SBHTC**

Sylvia Browne is a world-renowned psychic and spiritual teacher who has pioneered advancements in the science and art of hypnosis through her research and instruction. Sylvia has been a practitioner of hypnosis for over 50 years and taught her first hypnosis class in 1979. While Sylvia does not actively teach through SBHTC, she is involved in all aspects of the administration and all instruction is based on her teachings and material.

***Please Note: Sylvia will not be attending or teaching classes!***

### **Vera Espana**

#### **Director/Instructor S.B.H.T.C.**

Vera Espana is the Director of the Sylvia Browne Hypnosis Training Center. Vera has been studying and practicing hypnosis and trained by Sylvia Browne since 1993 and became certified in Hypnosis 1996 with Novus Spiritus and now with the Sylvia Browne Hypnosis Training Center (SBHTC.) Vera is also certified with the American Council of Hypnotist Examiners (ACHE) and the National Guild of Hypnotists (NGH.) Vera is a member in good standing with the American Association of Professional Hypnotherapists. Vera has been teaching the art of hypnosis, past life regression/cell memory utilizing Sylvia Browne's techniques for over 6 years and has been traveling throughout the United States and Internationally specializing in past life regression/cell memory since 2000.

Vera Espana is also a Cardinal-Elect with Society of Novus Spiritus, which Sylvia Browne founded and serves on the Novus Board of Directors.

### **John Ammon**

#### **Assistant Director/Instructor S.B.H.T.C.**

John Ammon is the Assistant Director to the Sylvia Browne Hypnosis Training Center and is retired from East Side U.H.S.D where he taught High School for 37 years. John has a BA in Education and a Life Time General Secondary Credential. John has been trained by Sylvia Browne and studying hypnosis and for over 20 years with the emphasis in cell memory and healing. John has taught classes and is a certified hypnotist for over 10 years with Novus Spiritus and now with Sylvia Browne Hypnosis Training Center. John is a Cardinal with the Society of Novus Spiritus and serves on the Board of Directors.

### **Darren English**

#### **Assistant Director/Instructor S.B.H.T.C.**

Darren English is certified as a hypnotist through; ACHE (American Council of Hypnotherapist Examiners), Society of Novus Spiritus and Sylvia Browne Hypnosis Training Center. Darren has been practicing hypnosis as a spiritual tool since 2002, and specializes in past life regressions and cell memory with a focus on healing for those living with HIV/AIDS and taught a class "Self-Hypnosis and Healing for HIV/AIDS". Darren is a Cardinal with the Society of Novus Spiritus and serves on the Novus Board of Directors and is President of the Board of Directors of the Native American AIDS Project ([www.naap-ca.org](http://www.naap-ca.org)).

## TESTIMONIALS FROM OUR STUDENTS

This is just a sampling of what our students are saying about their training...

"Wow! And, double-wow!! What an awesome course! I can't think of a better step I could have taken to promote love, healing and heightened awareness in my life- ultimately empowering myself! ..." "As a result of my practicum at SBHTC (thus far) I no longer smoke, am losing weight, and have begun to address anxiety issues that have long been holding me back. Thank you for helping me see, for setting me free..." "For those of you considering this wonderful hypnotherapy course: Congratulations! Do not hesitate. I highly recommend it!"

Holly D

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"... this Social Worker proudly announces that the above listed training was, by far, the best received to date. The course was professionally delivered rich with theory, tools for application, and research to back the practice of hypnotherapy. What distinguishes the SBHTC is the positive, loving, supportive compassionate environment generated by the faculty. Overall rating for this course: SUPERIOR."

Michelle. O. LICSW CPT, MS, USA Social Work Officer

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"I have come away feeling very prepared and confident at conducting hypnosis. You have obviously done your job at conveying the information that I feel this way. Thank you.

Pamela G.

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"SBHTC was the best experience I have had all my life. I felt the instructors truly involved with the welfare of the students. They explained everything in the simplest form and they made time for everyone of us and our questions. I feel truly well trained and confident now that 'm starting with my own clients. I spent a year researching different hypnosis schools and they didn't convince me, until I saw SBHTC and was convinced as soon as I finished reading their webpage. It was the best decision I have made in my life and am truly thankful for their inspired teachings and for being there for me even now that my two-week course has been over for some months! It was purely great."

Beatrice M. Mexico

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